

Yule for Solitary Practitioners 2014

All Ritual Text by Rev. Carrion Mann unless otherwise credited.



Honor the Gods of Asgard

December 21, 2014

GROVE ATTUNEMENT

Closing our eyes, take a few deep cleansing breaths (pause 4 count). You now stand within Midgard, upon the land, beneath the sky, surrounded by the sea as you prepare to enter sacred time (pause 4 count).

Below you flow the primal waters, cold, dark and chaotic; filled with the potential of all life. Reaching far beneath you into the earth, draw upon the waters of life. Feel them as they pool within your belly, within your heart and finally within your head. (pause 8 count)

Above you burns the primal fires, warm, light and ordered; filled with the spark of all life. Reaching far beyond the sky into the heavens, draw upon the fires of all creation. Feel them as they illuminate your mind, your heart and finally your spirit. (pause 8 count).

The fires of the heavens ignite the waters of the earth within you and you become one with the cosmos. Feel the primal powers of fire and water as they surge through you. Your heart beats with the very pulse of all worlds (pause 8 count).

You share this world with the Spirits of Nature. Your Ancestors dwell in the Halls of the Gods. You are all cradled in the branches of the Yggdrasil. The fire and water that flows through your veins sustains the worlds, the realms and the Kindred.

As you open our eyes you are one with the cosmos!

You may honor personal or other patron beings, which are not part of the Norse pantheon at this point in the work, prior to the start of the ritual. Your intention is to ask for their aid and to offer hospitality to them for the celebration and ritual that follows. An example, follows:

Invocation to Manannan

Rider of the Maned Waves...

Protect me from the storms.

Guardian of the Threshold...

Guide me from all harm.

Magician of the Shoreline...

Bless me with your might.

Mist Weaver,

May you walk with me this night!

An offering of Irish whiskey is made to Manannan.

Manannan, Mist Weaver, accept my offering!

Musical Signal

A hammer and anvil sounds 3X3 times, a bell, drum or other musical signal may be substituted.

Cense and asperge yourself and your shrine or altar prior to beginning the hammer rite.

Hammer Rite

Begin by signing the hammer in the North saying:

Hammer in the North, hallow and hold this holy stead.

Turning 90 degrees to the right trace another hammer sign saying:

Hammer in the East, hallow and hold this holy stead.

And in the South saying:

Hammer in the South, hallow and hold this holy stead.

And in the West saying:

Hammer in the West, hallow and hold this holy stead.

Returning to the North, direct your gaze upward, there again trace the hammer sign on the ceiling of the sphere saying:

Hammer over me, hallow and hold this holy stead.

And then project the hammer sign below to the “floor” of the sphere saying:

Hammer below me, hallow and hold this holy stead.

Now, strike the “cross” position with your arms straight out and say:

Hammer, hallow and hold this holy stead!

Turning to the right repeat this for each of the other four directions and once for the vertical axis.

Finally, center the forces by folding your arms in from the cross position with your fingers touching at the solar plexus and say:

Around me and in me, Asgardhr and Midhgardhr!

Honoring the Earth Mother

Nerthus, Primal Mother of Earth

First and Eldest of the Van

You who cradles the World Tree in your loving embrace

Ancient Mother of Midgard

As a child of the Earth and Sky,

May my weapons be sheathed!

May my thoughts be of peace!

May my fields yield plenty!

Nerthus, I call upon the life-giving magic of the Earth!

Earth Mother, accept my offering!

An offering of bread is made.

Earth Mother, Hail and Welcome!

Honoring the Sky Father

Tyr, Ancient Mystery of the Sky
Boldest and most courageous of the Aesir
You who makes fertile the Earth with your seed
Bright Father of Midgard
As a child of the Earth and Sky,
May I show courage in my battles!
May I seek to do right by my kith and kin!
May I learn the meaning of true sacrifice through your guidance!
Tyr, I call upon the illuminating power of the Sky!
Sky Father, accept my offering!
An offering of oil is made.
Sky Father, Hail and Welcome!

Bardic Inspiration

You traveled afar to Gunnlod's court
The blood of Kvasir (Kvah-seer) your quest
A giant, a snake and three sips of the brew
And the treasure of Suttung (Soot-ung) was yours.
You cunningly took back what was stolen by force
And to Asgard on eagles wings flew
Returning to the Gods, a most precious gift
That is shared with the folk at your will.
Mighty All-father of the Aesir
Winner, keeper and giver of the Mead of Poetry
Pour down your mead upon me this night
That my songs and praise may echo through the worlds.
An offering of honey is made.
Odin, One-Eyed Wanderer, accept my offering!
Odin, Hail and Welcome!

Recreation of the Cosmos and Creation of Sacred Time

In the beginning so too in the end; there was but fire and ice and between them a vast emptiness.
To the North the ice and snow of Niflheim, frigid winds and fearsome storms ravaged the land.
To the South the fires of Muspell, molten and glowing the dancing flames consumed all that lay
before them. In the vast emptiness the warm breath of Muspell mingled with the ice of Niflheim.
The warm winds began to melt the ice and tiny drops of water began to form. Within the tiny
drops of water new life began to stir and the powers to destroy life became the powers that
created it.

Fire, Well & Tree (chanted or spoken)

Fire, bright Fire

Gate to the Shining Ones

Fire, bright Fire

My passage to the Sky

Fire, bright Fire

Warmth of my Community

Spark of Life

I honor you now

Incense is offered to the fire.

Well, deep Well

Gate to the Underworld

Well, deep Well

My passage to the Sea

Well, deep Well

Wisdom of the Ancestors

Waters of Life

I honor you now

Silver or quartz crystal is offered into the well

Tree, great Tree

Gate that reaches everywhere

Tree, great Tree

With you I share the Land

Tree, great Tree

My passage to the Otherworld

Source of Life

I honor you now.

The bile is asperged with water from the well and censed with incense.

Words & music by Pandora, modified for solitary use by Carrion Mann

To Land, Sea & Sky

The waters support and surround me.

The land extends about me.

The sky stretches above me.

And at the center burns a living flame.

Let me pray with a good fire. May all the Kindred bless me.

May my worship be true. May my actions be just.

May my love be pure.

Blessings and honor and worship to the holy ones.

Land, Sea & Sky Text by Ceisiwr Serith, modified for solitary use by Carrion Mann.

Statement of Purpose

Darkness encompasses Midgard.
Winter's cold weighs heavy upon my heart and mind.
Death looms within the frozen shadows,
And chaos threatens to overwhelm me!
Ragnarok's return is uncertain.
My world lies seemly lifeless.
Deep beneath the ice and snow.
All hope begins to fade...
Will the wheel turn once more?
Will the light and warmth return?
Will new life break its icy chains?
A spark yet flickers within the darkness.
Tonight I weave my wyrd as one with the worlds...
In strength, perseverance and courage I face the darkness.
I shall drive chaos from my hall...
And turn the wheel once more!
May all who gather this night be welcome!

Gatekeeper Invocation

Warder of warriors
Weaver of the web
Wielder of the spindle
Keener for the Dead.

Woman of the Waters
Shaper of the Worlds
Watcher of the Home fire
Keeper of our Hearth.

Weaver of my Fate
Warder of the Way
Protectress of my walls
Beloved Mother of the Aesir.

Flowers are offered to Frigga

Frigga, accept my offering!

All: Frigga, Hail and Welcome!

OPENING THE GATES

Frigga; let me stand at the center of all worlds!

Sacred Fires ignite the waters of the earth.
Primal Waters, feed the order of the cosmos.
World Tree, join the heavens with the earth.

Striking a sigil over the fire.

Let these flames carry my praise and sacrifice to the Shining Ones.

Striking a sigil over the well.

Let these waters carry my praise and sacrifice to the Mighty Dead.

Striking a sigil upon the tree.

Let this tree connect the worlds as they become one in this place.

By the land before me!

By the seas about me!

By the sky above me!

Let the Gates Be Open!

I now stand at the center of all worlds!

Kindred Offerings

Now that the world of the living and that of the spirit are one, I
call out from the crossroads to the Mighty Kindred.

Allies of Midgard!

Bright and shining messengers to the Otherworld

Protectors of this sacred ground.

Light Alfs, House Ghosts and Wights, aid me as I journey
through the darkness!

Join me, as I honor the Deities of Asgard this night!

Seed is offered.

Noble Spirits, accept my offering!

Noble Spirits, Hail and Welcome!

Wise Ones of the Nine Worlds!

Beloved Dead of blood and spirit

Ancestors of flesh and bone

Alfar and Disir, aid me as I journey through the darkness!

Join me, as I honor the Deities of Asgard this night!

I raise a cup in honor of your memory!

Beer is offered to the Ancestors.

Individual Ancestors are toasted at this time.

Mighty Dead, accept my offering!

Mighty Dead, Hail and Welcome!

Invocation to the Deities of Asgard

I call to those who came out of Gunnungagap before the beginning of time.

To the Gods of fire and of the Sky, to the Deities of the Northmen.

I call to the Creators of the Worlds, to the Keepers of Cosmic Order.

To the Gods of Thought and Memory!

On the year's longest night, Dwellers of Asgard, I honor you!

An offering of golden (yellow) apples is made.

Individual Deities of Asgard are toasted in Sumbel.

Deities of Asgard, accept my offering!

Deities of Asgard, Hail and Welcome!

PERSONAL/PRAISE OFFERINGS

Any final toasts, oaths and boast are made at this time.

THE SACRIFICE

PRAYER OF SACRIFICE

Through my praise, love and sacrifice;

I honor the Deities of Asgard who gather in this hall.

This night a gift calls for a gift!

I shall keep the Ancient Bargain and make my sacrifice!

SACRIFICE

A sacrifice is made in the form of a physical gift, song, story or other work.

THE OMEN

The omen is taken to determine both if the sacrifice was accepted by the Beings of the Occasion and to determine the nature of their blessings.

BLESSING OF THE WATERS

The following words will be spoken over the blessing cup.

As in the ways of old I have given my gifts freely and as in the ways of old a gift is given in return.

I will drink deep of the Cup of Inspiration. May the blessings of health, wealth and wisdom be mine.

Deities of Asgard, give me the waters!

I gather with you between Earth and Sky. I am proud to call myself your people.

Deities of Asgard, give me the waters!

I have brought my offerings. I have made my sacrifice.

Deities of Asgard, give me the waters!

The cup is lifted saluting the fire, well and tree.

Hallowing the Waters

Beloved Gods and Goddesses hear and bless me.

Dwellers of Asgard hallow these Waters of Life.

The cup is lifted once more.

Behold the Waters of Life!

Affirmation of the Blessing

This night I wish to receive the blessings of my honored guests? *Drink the Blessings!*

THANKING THE BEINGS

Mighty Dwellers of Asgard, I thank you for the guidance, wisdom and blessings you share with me. May you continue to bless my life and maintain the order of my world (a final token is offered) May there be peace between us until we meet once again by the hearth's fire.

Deities of Asgard, I thank you!

Mighty Kindred of land, sea and sky, Eldest and Brightest of the Nine Worlds. Aesir and Vanir; Alfir and Disir and Alfs, House Ghost and Wights. I thank you for the guidance, wisdom and blessings you have shared with me. (a final token is offered) May there be peace between us until we meet once again by the hearth's fire.

Kindred, I thank you!

Odin, Winner, Keeper and Giver of the Mead of Poetry, may you continue to pour down your divine treasure upon me. Great One-Eyed Wanderer, I thank you for your blessings of inspiration and eloquence. May there be peace between us until we meet once again by the hearth's fire.

Odin, I thank you!

CLOSING THE GATES

Frigga, Beloved Mother of the Gods, I thank you for your protection and guidance this night. Great Goddess of Hearth and Home may you continue to share your magic with me. (A final token is offered) May there be peace between us until we meet once again by the hearth's fire.

Frigga, I thank you!

Lady Frigga, I now ask that you aid me in closing the gates, warding the way between the worlds once more.

Let the fire burning towards the heavens once more become, but flames.

Let the well whose depths reach the Underworld once more

Become, but water.

Let the tree, pathway between Earth & Sky, become, but wood.

By the land before me!

By the seas about me!

By the sky above me!

Let the Gates be closed!

THANKING THE EARTH MOTHER AND SKY FATHER

Mighty Tyr, Ancient Mystery of the Sky, may you continue to show me the way to courage and right.

Bright Father of the Aesir, I thank you for your sacrifice. (a final token is offered) May there be peace between us until we meet once again by the hearth's fire.

Sky Father, I thank you!

Nerthus, Primal Mother of Earth, may you continue to grant me peace and plenty. Ancient Mother, I thank you for all life. (a final token is offered) May there be peace between us until we meet once again by the hearth's fire.

Earth Mother, I thank you!

I now return all that has gone unused to the Earth and the Sky, may they continue to support, surround and sustain me. *All offerings that remain are burnt in the fire or scattered upon the Earth.*

STATEMENT OF ENDING

Unmerging, Regrounding & Recentering: Meditation

Once more I take a few deep cleansing breaths as I reaffirm may center (*pause 4 count*). I stand at the center of all worlds, upon the land, beneath the sky, surrounded by the sea. I span the worlds, connecting earth and sky and the Kindred as one (*pause 4 count*).

I remember that below me flows the primal waters filled with the potential of all life. It is these waters that surge through my very being. (*pause 8 count*)

I remember that above me burns the primal fires filled with the spark of all life. It is these powers that have illuminated the waters that surge through me. (*pause 8 count*) The primal powers of fire and water unite within me bringing new life and balance to my being. My heart beats with the very pulse of all worlds (*pause 8 count*)

I remember that I share these worlds with the Spirits of Nature, with the Ancestors and with the Gods. We are all cradled in the branches of the World Tree.

I take of the powers that flow within me what I need and release back into the earth and sky all that has gone unused. I know that the fire and water that flows from me helps to sustain the worlds, the realms and the Kindred as I conclude my worship.

May all that is be what was, that it may be again!

Musical Signal- *A hammer strikes an anvil 3x3 or other musical signal.*

I will keep the faith until the sky falls upon me and crushes me; until the earth opens and swallows me; until the seas arises and overwhelm me. This rite is ended.